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Fall 2009

Dear Student:

Thank you for registering for Capitol Hill Arts Workshop's Fall 2009— Session II class Portrait Painting.

Here are the details:

When: Saturday 10 a.m.-1:00 p.m.  
Dates: Nov 7, 14, 21, (off Nov 28) Dec 5, 12, 19  
Cost: \$288  
Location: Capitol Hill Arts Workshop  
535 7th St SE Washington DC 20003  
(202) 547-6839  
[www.chaw.org](http://www.chaw.org)  
Instructor: Sarah Griffin Thibodeaux

Description:

This class teaches the fundamentals of painting the head in oil. Students will paint the model from life in 6 sessions. Beginning with a toned canvas, students will execute a careful drawing and subsequently build up the structure of the head from darks to lights. Emphasis is on understanding the structure of the head and learning to mix colors to create realistic and harmonious flesh tones. The class will begin with a demonstration of the alla prima technique, used by John Singer Sargent and handed down through generations of atelier painters and teachers.

In this class we will have one model for all dates in the same pose. This is an opportunity to do a formal portrait in 6 sittings or to do two smaller paintings. Our model will be wearing a formal evening gown. The pose will be standing with model slightly turned. Think Sargent!

Please bring with you the materials on the attached MATERIALS LIST.

I'll begin with a demo of the ALLA PRIMA method we'll be working in. We'll spend the rest of the first session toning the canvas.

I'm looking forward to seeing you Saturdays!

Cheers,  
Sarah



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## MATERIALS LIST\*

COURSE: PORTRAIT PAINTING (OIL)  
INSTRUCTOR: SARAH GRIFFIN THIBODEAUX

### Canvas

If doing one painting: 1 prepared canvas (size up to you) If doing 2 paintings: 2 prepared canvases, no smaller than 11x14, no greater than 18x24 ((bring first one on second day of class; bring second one on week 4)

### Palette

Wood palette

### Paint

Oil paint in the following colors

(I recommend artist grade, not student grade, because it has more pigment and less filler. Gamblin, Windsor & Newton, Rembrandt, Holbein—all good brands):

Ivory Black

Transparent Oxide Red

Ultramarine Blue

Viridian

Alizarin Crimson

Cadmium Red Light

Cadmium Yellow Light

Permalba White

Acrylic paint (for toning the canvas)

Raw Umber

### Charcoal

Vine charcoal (for drawing)

### Brushes

Filbert bristle brushes: #4, #6, #8,

Sable brush (for drawing finer lines): round #3

### Turps

Turpenoid or other odorless paint thinner (bring this in a glass jar—salsa jars are good)

### Rags

White rags or paper towels

### Smock

Optional but recommended (old men's shirt works great!)

### Soap

Bar soap to clean brushes

### Retouch Varnish

Spray can — not necessary till second class

\*Materials can be ordered online at [dickblick.com](http://dickblick.com). See "Sarah Thibodeaux's Wishlist"

<http://www.dickblick.com/wishlist/wishlist.asp?jm49VkdofltOWtaV0YxZUE9PSZpPU5EZ3hNek13>

Materials can also be purchased at Utrecht, 1250 I St NW # F, Washington - (202) 898-0555