



SARAH GRIFFIN THIBODEAUX  
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Spring 2010

Dear Student:

Thank you for registering for the 3-Day Weekend Workshop - Portrait Painting in Oils.

Here are the details:

**When:** 3-day Workshop -- Friday-Sunday  
**Dates:** January 8-10, 2010 (also offered June 4-6, 2010)  
**Cost:** \$360 + \$30 NO School of Art & Craft fee (materials not included)  
**Location:** New Orleans School of Art & Craft  
3620 Royal St., New Orleans, LA 70117  
504-944-7900  
**Class size:** Minimum 3. Maximum 10. (Class to be cancelled if minimum is not reached).  
**Instructor:**

Sarah Griffin Thibodeaux is a contemporary realist artist from New Orleans, currently living in Washington, D.C. She paints the figure, still life, landscape, and portrait, using the alla prima technique. Thibodeaux studied at the New Orleans Academy of Fine Arts, Art Students League, and the Florence Academy of Art. She teaches portrait painting and runs a weekly open figure studio session where artists can work from the model. Her work is held in university and private collections throughout the U.S.

**Description:**

This class teaches the fundamentals of painting the head in oil. Students will paint the model from life in this weekend workshop. Beginning with a toned canvas, students will execute a careful drawing and subsequently build up the structure of the head from darks to lights. Emphasis is on understanding the structure of the head and learning to mix colors to create realistic and harmonious flesh tones. The class will begin with a demonstration of the alla prima technique, used by John Singer Sargent and handed down through generations of atelier painters and teachers.

**Registration:**

Call 504-944-7900 to register!

Please review the attached MATERIALS LIST. When you register, you may opt to buy any/all materials from New Orleans School of Art & Craft at a discount.

Please come ready to paint on Saturday morning. I'll begin with a demo of the ALLA PRIMA method we'll be working in.

Cheers,  
Sarah



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## MATERIALS LIST

### WORKSHOP: PORTRAIT PAINTING IN OIL INSTRUCTOR: SARAH GRIFFIN THIBODEAUX

#### Canvas

2 prepared canvases, no smaller than 11x14, no greater than 18x24

#### Palette

Wood palette is recommended but other palettes are fine, as long as they are not white.  
Surface should be medium tone (not too warm or cool)

#### Paint

Oil paint in the following colors

(I recommend artist grade, not student grade, because it has more pigment and less filler. Gamblin, Windsor & Newton, Rembrandt, Holbein, Williamsburg—all good brands):

Ivory Black

Transparent Oxide Red

Ultramarine Blue

Viridian

Alizarin Crimson or Permanent Alizarin

Cadmium Red Light

Cadmium Yellow Light

Permalba White or Titanium white

Acrylic paint (for toning the canvas)

Raw Umber

#### Charcoal

Vine charcoal (for drawing)

#### Brushes

Large Filbert bristle brush for big washes (#10)

Royal Langnickel Series 5590 Flat are good for sharp edges, but if not available sable flats are good too.

I recommend a range of sizes: #4, #6, #8 depending on the brand.

#### Turps

Turpenoid or other odorless paint thinner (bring this in a glass jar—salsa jars are good)

#### Rags

Paper Towels

#### Smock

Optional but recommended (old men's shirt works great!)

#### Brush cleaner

Old Masters Brush cleaner (works great to get paint out of brushes)



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## SCHEDULE

**WORKSHOP: PORTRAIT PAINTING IN OIL**  
**INSTRUCTOR: SARAH GRIFFIN THIBODEAUX**

FRIDAY	9 a.m.—noon	Model 1 Sitting 1: Demonstration
	Lunch break	
SATURDAY	2 p.m.—5 p.m.	Model 1 Sitting 2
	9 a.m.—noon	Model 1 Sitting 3
SUNDAY	Lunch break	
	2 p.m.—5 p.m.	Model 2 Sitting 4
SUNDAY	9 a.m.—noon	Model 2 Sitting 5
	Lunch break	
	2 p.m.—5 p.m.	Model 2 Sitting 6