



SARAH GRIFFIN THIBODEAUX  
fine art oil paintings  
www.studiothibodeaux.com  
5 0 4 - 4 3 2 - 0 0 4 9

Summer 2009

Dear Student:

Thank you for registering for Capitol Hill Arts Workshop's Summer 2009 class Portrait Painting.

Here are the details:

When: Saturday 10 a.m.-1:00 p.m.  
Dates: June 20, 27, (off July 4), July 11, 18, 25, Aug 1, 8, 15.  
Cost: \$384  
Location: Capitol Hill Arts Workshop  
535 7th St SE Washington DC 20003  
(202) 547-6839  
www.chaw.org

Instructor: Sarah Griffin Thibodeaux  
Description:

This class teaches the fundamentals of painting the head in oil. Students will paint the model from life in 4 sessions (2 paintings total). Beginning with a toned canvas, students will execute a careful drawing and subsequently build up the structure of the head from darks to lights. Emphasis is on understanding the structure of the head and learning to mix colors to create realistic and harmonious flesh tones. The class will begin with a demonstration of the alla prima technique, used by John Singer Sargent and handed down through generations of atelier painters and teachers.

Please bring with you the materials on the attached MATERIALS LIST.

I'll begin with a demo of the ALLA PRIMA method we'll be working in. We'll spend the rest of the first session toning the canvas.

I'm looking forward to seeing you Saturdays this summer!

Cheers,

Sarah



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## MATERIALS LIST\*

COURSE: PORTRAIT PAINTING (OIL)  
INSTRUCTOR: SARAH GRIFFIN THIBODEAUX

- Canvas
  - 2 prepared canvases, no smaller than 11x14, no greater than 18x24 (bring first one on second day of class; bring second one on week 5)
- Palette
  - Wood palette
- Paint
  - Oil paint in the following colors (Gamblin, Windsor & Newton, Rembrandt, Holbein-all good brands):
    - Ivory Black
    - Ultramarine Blue
    - Viridian
    - Alizarin Crimson
    - Cadmium Red Light
    - Cadmium Yellow Light
    - Permalba White
  - Acrylic paint (for toning the canvas)
    - Raw Umber
- Charcoal
  - Vine charcoal (for drawing)
- Brushes
  - Filbert bristle brushes: #4, #6, #8,
  - Sable brush (for drawing finer lines): round #3
- Turps
  - Turpenoid or other odorless paint thinner (bring this in a glass jar-salsa jars are good)
- Rags
  - White rags or paper towels
- Smock
  - Optional but recommended (old men's shirt works great!)
- Soap
  - Bar soap to clean brushes
- Retouch Varnish
  - Spray can - not necessary till second class

\*Materials can be ordered online at [dickblick.com](http://dickblick.com). See "Sarah Thibodeaux's Wishlist" <http://www.dickblick.com/wishlist/wishlist.asp?Jm49VkdocFltOWtaV0YxZUE9PSZpPU5EZ3hNek13>  
Materials can also be purchased at Utrecht, 1250 I St NW # F, Washington - (202) 898-0555